

## **PARTICIPANTS NEEDED**

### **Telehealth Assessment and Skill-Building Intervention for Stroke Caregivers (TASK III)**

#### **What is the purpose of this research study?**

The purpose of this study is to try out a program for family caregivers of stroke survivors. The program is called the Telehealth Assessment and Skill-Building Kit (TASK III). We are comparing the TASK III program with another program called the Information Support and Referral (ISR) program.

#### **Who will be in this research study?**

About 300 family caregivers of stroke survivors will take part in this study. Family caregivers are family members or close friends caring for a person with stroke.

#### **What will you be asked to do in this research study, and how long will it take?**

You will be asked to take part in a program for family caregivers of stroke survivors. Caregivers will be randomized (like flipping a coin) to either the TASK III group or to the ISR group. The TASK III group will receive a TASK III Resource Guide that we developed. The ISR group will receive an American Heart Association brochure. Both groups will receive up to **9 calls with a nurse** lasting about 20-45 minutes based on your needs. You can choose to have these calls by telephone or by videoconference. In addition, you will receive a pedometer to track your daily steps, and an Amazon Fire Tablet to use in the TASK III or ISR program.

To see how our well programs work, you will be asked to take part in **5 data collection interviews** (one at the beginning of the program, one at 8 weeks, one at 12 weeks at the end of the program, and at 6 months and 1 year). The first interview will last about 60 minutes. The other interviews will last about 45 minutes. You can choose to have these interviews by telephone or by videoconference. You can withdraw or stop at any time.

#### **What will you get because of being in this research study?**

You will not be paid to take part in this study. You will be able to keep the pedometer, Amazon Fire tablet, and the TASK III or ISR materials given to you during the study.

#### **Who do you contact?**

To learn more about this research, contact Dr. Tamilyn Bakas at 513-558-2254 or by email at [tamilyn.bakas@uc.edu](mailto:tamilyn.bakas@uc.edu).