

THE MAILBOX

TRADITIONAL CURES

As a student in health and intercultural studies at Western Kentucky University, I am interested in hearing about traditional preventions or cures for the flu, colds and other illnesses.

Diane Beeckler
1658 Bristow Rd.
Bowling Green, KY 42101

WINTER WONDERS

I would like to know about streams or rivulets that become frozen waterfalls during cold weather, especially in central, southern or eastern Kentucky. Those facing north, or in areas where the sun does not penetrate, and those over 40 feet tall that form regularly in the winter are of particular interest.

Martin Hackworth
3640 Bold Bidder Dr. #69
Lexington, KY 40502

SONG WORDS

I am looking for the words to the song, "When God Comes and Gathers His Jewels." I have lots of old songs. If I can help someone with any of them, I will gladly do so.

Arlene Robbins
General Delivery
Cloverport, KY 40111

JACKSON BOTTOMS

Can anyone give me any information about where Jackson Bottoms was located? Thomas Hightower settled on land on the south side of Big Barren River in Jackson Bottoms in Warren County in July 1799.

Louise Williams
1649 South Sunrise Drive
Bowling Green, KY 42101

VEACH, VEATCH, VEECH, or VEITCH

All persons who are interested in study and preservation of information relative to the above surnames, are invited to attend the Veitch Historical Society's 11th Annual Meet, June 25-29, at the Ramada Inn East, 9700 Bluegrass Pkwy., Louisville, KY 40299. For more information about the over 450-membership society or the four-

day event, call (606) 273-2492 or write to me.

Gary L. Veach
1308 Personality Court
Lexington, KY 40502

LONG-DISTANCE RECIPE

I received a backdated issue of your lovely magazine from a pen pal in Kentucky and decided I'd love to share some of my favorite recipes with your readers. I am an Afrikaan-speaking South African, and the enclosed recipes have been handed down from my grandmother. I am 57. We still use the original measures as well as the ingredients.

Hester C. Habig
6 Pres. Krugher Road
Parys 9585
O.F.S.

Mrs. Habig's recipe for Koeksisters appears on this month's "Tasty Tricks & Treats" page. — Ed.

LOCKARD AND JONES FAMILIES

Searching for the parents of Thomas Lockard, b. N.C., d. 2-14-1894, Knox County, m. Cecelia A. Scalf d/o John Scalf and Edeah Carlile. Who is the Thomas Lockard that m. Sallie Asher 1-20-1816, Clay County? I am told that Sallie was the d/o John Asher. How did Lockard's Creek of Clay County get its name? There's a Thomas Lockard



F. Keith Morgan's delightful account in the February Rural Kentuckian of the night his Combs High School basketball team played Kingdom Come in a tiny, third-floor gym in 1949, prompted Mrs. Rebecca Fightmaster of Sadieville to furnish this picture of the school where the game took place. According to Mrs. Fightmaster, the structure is no longer standing, having been replaced several years ago by a more modern building. — Ed.

listed as Sheriff of Clay County 1830-31. James M. Lockard, son of Thomas and Cecelia m. Sarah A. Jones, 1-9-1858, Clay County. Sarah A. d/o Aswell and Mary A. Dickey Jones. Also, need parents of Aswell Jones. Lockard sometimes spelled Lockhart.

Helen P. Horne
148 Chester St.
Hazard, KY 41701

NEW FAMILY

Wishing to contact any New in Ky. We are researching David and Susanna New that came to Ky. from Amherst County, Va., and were members of the Elkhorn Methodist Church, 1795, what is now Taylor County, was Green County then. We want to know the children. Believe them to be William, John and Pleasant New. Pleasant New received a land grant in Graves County, 1832-35.

Mrs. Henry G. Hilton
Rt. 4, Box 191
Decatur, TX 76234

DALLAS THOMAS FAMILY

I would like to correspond with anyone from Dallas Thomas family. He had a sister Rachal Thomas. They once lived on Daniels Creek, Ky., and would be in their 80s now. Do they remember their good friends Joe and Maxie? We would love to hear from anyone on this matter.

Maxie Wells Ramey
HC 70, Box 845
Van Lear, KY 41265

JOHN McKENDREE FAMILY

Looking for information on John McKendree, b. 1850, who came from Tenn. to Ky. At one time he lived around Adairville in Logan County. and was said to have left a wife and two daughters there. If there are any relatives or descendants around Adairville or Russellville or anyone who could give info., please contact me.

Mrs. Wilbert Certain
RR 1, Box 217
Clay, KY 42404

BROOKS B. HORNBECK FAMILY

Researching relatives of my grandparents, Brooks B. Hornbeck and Laura Larue Hornbeck. I know my grandfather was one of 13 children, but I only knew one of his sisters — the youngest. Larue County was named for my grandmother's family.

Ruth Hornbeck Waters
2305 Jackie Way
Shepherdsville, KY 40165

TASTY TRICKS & TREATS

KOEKSISTERS

Dough:

6 cups fine wheat flour
3 Tablespoons icing sugar
(confectioners' sugar)
6 teaspoons baking powder
3 eggs
A pinch of salt
1/4 lb. margarine

Mix baking powder and icing sugar. Rub butter and flour until well-mixed. Add well-beaten eggs. Add baking powder and icing sugar mixture to flour mixture. If the mixture is too dry, add a little milk and mix by hand until it's elastic. This should be accomplished after five minutes. Leave the dough sit for two hours; cover with cloth in the meantime.

Syrup:

12 cups sugar
7 cups water
1 teaspoon cream of tartar

Cook for 10 minutes. Remove from heat; leave until cold. The syrup *must* be ice-cold when you drop the Koeksisters into it. Roll out the dough until thin; cut into 1/4-inch strips and plait (braid), then cut each plait into 3-inch pieces. Fry in hot oil, three at a time. Drop into ice-cold syrup for a few minutes. Take out, drain excess syrup and eat.

*Mrs. Hester C. Habig
6 Pres. Kruger Road
Parys 9585
O.F.S.
Republic of South Africa*

BEEFY PEACH HARVEST

1/2 cup slivered almonds
2 Tablespoons oil
3/4 lb. sirloin or flank steak, cut into strips (can use round, pork steak or chops)
1 cup green pepper, sliced
1/2 cup onions, chopped
1 can (8-3/4 oz.) sliced peaches, drained

1-1/4 cups water
2 Tablespoons soy sauce
1/2 teaspoon salt
1/8 teaspoon pepper
1-1/2 cups dry Minute Rice™

Saute' almonds in oil until slightly browned. Add beef, peppers and onion. Saute' until beef is browned. Add peaches, water, soy sauce and seasonings; bring to a boil. Stir in rice; cover and remove from heat. Let stand 5 minutes. Fluff with fork. Makes 4 servings.

*Gayle Hutton
107 Colonel Drive
Grayson, KY 41143*

BAKED HAM WITH APPLE/CHERRY SAUCE

3 lb. pkg. or canned ham
1 cup cored apple, chopped
1/2 cup apple jelly
1/2 cup cherry preserves
3/4 cup apple cider
1 Tablespoon vinegar
2 Tablespoons cornstarch

Bake ham according to directions on package. Mix chopped apple, jelly and preserves in medium saucepan. Mix cider, vinegar and cornstarch; stir into pan. Heat to boiling, stirring constantly until thickened, about 1 minute. Slice ham and arrange on

platter. Serve with sauce. 8-10 servings.

*Rita Rowland
Box 94
Lowmansville, KY 41232*

LOW-CALORIE COLE SLAW

4 cups shredded cabbage
3/4 cups grated carrots
1/2 cup green pepper, chopped
1 Tablespoon minced onion
1/2 teaspoon salt
1/8 teaspoon paprika
1/4 teaspoon black pepper
4 pkgs. Equal™
1/2 cup plain yogurt
1/4 cup low-calorie salad dressing
1 Tablespoon tarragon vinegar

In a large bowl, combine cabbage, carrots, green peppers and onions. In small bowl, combine remaining ingredients and mix well. Pour over cabbage mixture and toss lightly. Chill.

*Clarine Witty
R. 2, Box 230
Glasgow, KY 42141*

Mail recipes with your name and address to: Tasty Tricks & Treats, P.O. Box 32170, Louisville, KY 40232. Each recipe published is worth \$5.

REQUESTS

Please respond directly to persons making requests.

Recipe for salt-rising bread.
Lillian Campbell, 1542 Ninevah Rd., Lawrenceburg, KY 40342.

California beer seed and how to fix it?
Arye Griggs, HCR 87, Box 1100, Means, KY 40346

Kentucky Creme Candy that is pulled and poured on a marble slab.
Fauniel H. Carpenter, Box 35, Gravel Switch, KY 40328.

Any kind of garden or flower seeds.
Dale Stevens, Star Route, Box 296, Irvine, KY 40336.

Old-time balsam seeds.
Mrs. Vermillion, 1407 Bacon Creek Rd., Elizabethtown, KY 42701.

Old home remedies for sickness.
Shirley Rice, 2201 Lodell Ave., Dayton, OH 45414.

Recipes for Coffee Prune Cake; Hurricane Cake; Corn Cob Jelly, and Texas Hurricane Cake.
Sarah Ann Hargis, R.R. 1, Box 234, Eubank, KY 42567.

"Dipper Gourd" seed.
Dee Howard, 926 Woodside Rd., #114, Redwood City, CA 94061.

Recipe for hamburger-spaghetti casserole.
Iolene Rawlings, Rt. 1, Box 202, Hillsboro, KY 41049.

Pattern for stuffed frog, 10"-12" tall, from the 1930s.
Mrs. Ruth Lykins, P.O. Box 401, London, KY 40741.